

On the Move

Providing meals to the homebound in the State College area since 1971



Spring 2009 Newsletter

Meals on Wheels Fourth Annual Benefit Dinner

A Meal that Matters!

Thursday, April 30, 2009

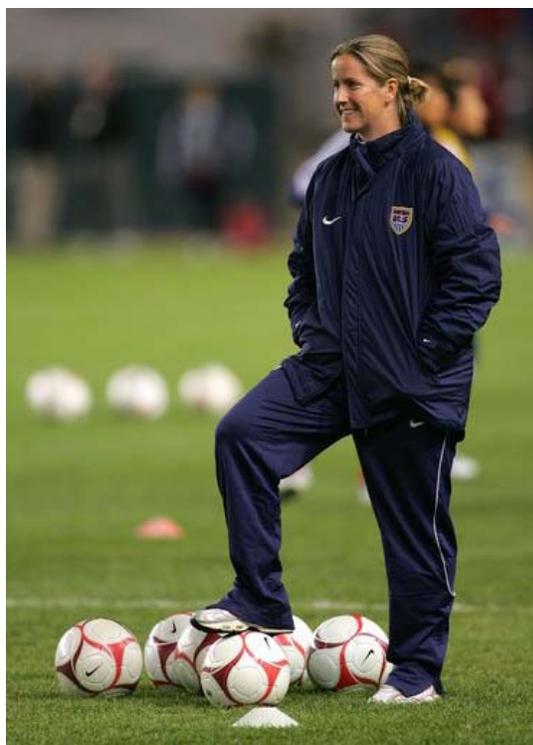
Nittany Lion Inn Ballroom

Social Hour, 6:00 pm / Dinner, 7:00 pm

You won't want to miss "A Meal that Matters!" the annual State College Meals on Wheels benefit dinner. Now in its fourth year, this event has proven to be a fun and festive occasion and a time to gather with friends and associates from across the community. Prize drawings, a fascinating guest speaker, and a rip-roaring live auction provide for a lively evening. A silent auction with items appealing to all tastes rounds out the activities.

With your presence at this event, you make a positive impact on the quality of life for seniors and homebound individuals in our community. Twenty-four organizations and individuals are leading the way by "stepping up to the plate" to sponsor tables this year. We are grateful for their support as always, but especially in this difficult economic environment. Meal delivery must go on week in and week out and your participation in this event helps makes this a reality.

This year we are fortunate to have **Erica Walsh**, head coach of the Penn State Lady Lions soccer team as guest speaker. Erica is entering her second year at the helm after leading her squad to its 10th straight Big Ten (*continued on page 4*)



Erica Walsh

Thanks to our sponsors for stepping up to the plate

Affinity Connection

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Centre County Office of Aging and RSVP

Kristine Clark in support of Centre County PAWS

Diversified Asset Planners

First National Bank

Foxdale Village

Frost and Conn Incorporated

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Lassie McDonald & Mary Lou Bennett of ReMax Realty

Restek Corporation

SF & Company

Shaner Corporation

The Village at Penn State

Wegmans Food Markets, Inc.

Wienken & Associates

MOW Volunteer of the Year



Ellen Malcolm has been volunteering for State College Meals on Wheels for the past 36 years, having started as a substitute driver when her daughter was in preschool at Grace Lutheran Church. Ellen saw a need to help deliver meals to help feed the homebound residents of the Centre Region.

As volunteer coordinator for twelve years, Ellen insured that 48 drivers and visitors reported to deliver meals each week—that is 29,952 volunteer slots that needed to be filled! If a driver or visitor failed to arrive as scheduled, Ellen went on that route herself.

Ellen and her husband Robert Malcolm currently serve as driver and visitor on one of the delivery routes. (*Continued on page 2.*)

WalMart Steps Up to the Plate...Twice!

State College Meals on Wheels Receives MOWAA/Wal-Mart Foundation Cure Grant

State College Meals on Wheels is pleased to announce that it has been awarded a grant from Meals on Wheels Association of America and the Wal-Mart Foundation in support of our local program, doing what we do best—feeding seniors.

Wal-Mart recognized the detrimental effects that the economic downturn is having on Meals on Wheels programs across the country and joined forces with MOWAA to do something about it. Through the generosity of the Wal-Mart Foundation, grants have been awarded to 80 Meals on Wheels programs in 40 states to help them deal with the financial challenges of increased gasoline and food prices, decreases in donations, and the growing demand for their services.

State College Meals on Wheels will receive \$4,700 to help alleviate these burdens. Enid Borden, president and CEO of MOWAA said that “By stepping up to the plate and joining us in our

fight to end senior hunger, the Wal-Mart Foundation has literally helped us save lives across America. It is as simple as that.”

Local Wal-Mart Store Presents Community Involvement Grant to Meals on Wheels



Anna Carol Buffinton, center, accepts Wal-Mart Community Involvement Grant from Michael Meroglia, local store manager, as Margie Owens, training director, looks on.

State College Meals on Wheels was recently presented a \$1,000 check by Wal-Mart Store #1640 located at 1165 North Atherton Place in State College.

Through its philanthropic programs and partnerships, the Wal-Mart Foundation supports initiatives focused on enhancing opportunities in education, job skills training, sustainability and health and wellness. In 2007, Wal-Mart, Sam’s Club and the Wal-Mart Foundation gave \$296 million to communities across the United States.

State College Meals on Wheels thanks Wal-Mart for this important donation to its operation.

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MOW Volunteer of the Year

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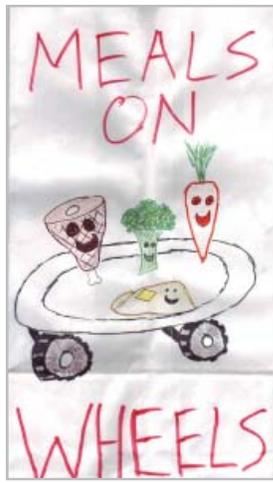
Ellen serves a smile with each meal delivered.

Thousands of clients have been cared for throughout the years that Ellen has given her time to Meals on Wheels. A volunteer who goes above and beyond, she has shown by her fine example how to serve her community and help others through her dedication to Meals on Wheels.

Mere words simply cannot do justice to the contributions that Ellen has made to Meals on Wheels for so many years as a driver, visitor, and volunteer coordinator. Ellen has fed the bodies of the clients with the meals and fed their souls with her cheerful visits.

On behalf of State College Meals on Wheels and the clients whom we serve, Ellen, thank you—you have made this world a better place.

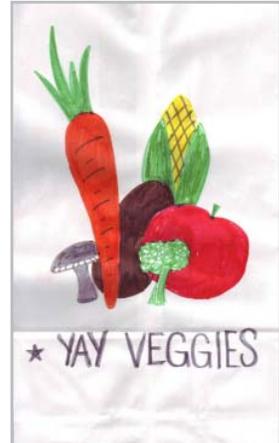
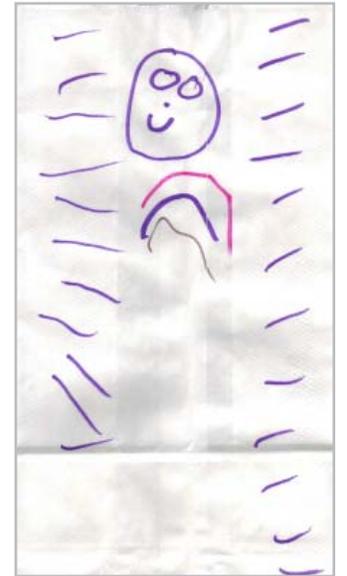
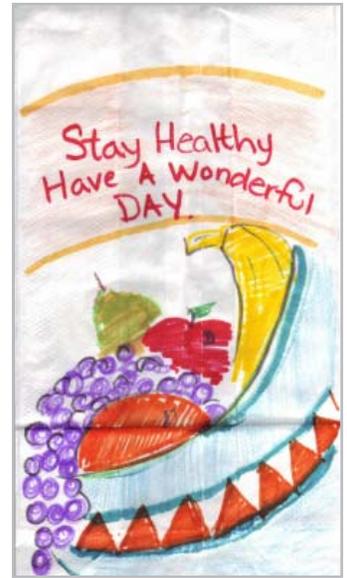




Hand-Decorated Meal Bags

The bags on this page were decorated by elementary and middle school students in State College, as well as members of Penn State service organizations.

The artists, regardless of age, enjoy creating the bags, and Meals on Wheels clients love receiving meals in them. The decorated bags are much more fun to get than a plain white bag, and the artwork is often saved or displayed on refrigerator or walls. The colorful designs provide cheerful comfort to those unable to leave home.



A Meal that Matters!

(Continued from page 1)

title and 13th NCAA tournament appearance. And 2008 had another highlight for Erica—helping to guide the U.S. Women’s National Soccer Team to an Olympic Gold Medal in Beijing as assistant coach. We are eager to hear from Coach Walsh about her experiences at the Olympics and her plans for Lady Lion soccer.

For the auction-minded, we have another great slate of items ready, including a

beautiful Persian rug donated by the Desert Rug Company, weekend packages with football tickets, furniture, designer jewelry, autographed sports gear, and new this year, “an evening with an astronaut.”

So come join the fun and make a difference with “A Meal That Matters!” Complete the ticket order form enclosed with this newsletter. For more information, call 360-6571.

Use the enclosed form to order your tickets for A Meal that Matters!

HOLIDAY CHEER

Meals on Wheels volunteers deliver poinsettias provided by the **Nittany Valley Symphony Guild**. Every year during the holiday season, the Symphony Guild sells poinsettias as a fundraiser; they always share some of the lovely blooms with our clients. Thanks, NVS Guild, for spreading holiday cheer!



Volunteer Opportunities with Meals on Wheels

DRIVERS – Deliver meals to clients on a standard route within the State College School District using your own vehicle. Valid PA driver’s license and automobile insurance required. MOW also has one van that may be used by well-qualified drivers.

VISITORS – Ride with the driver, take meals to the clients.

KITCHEN WORKERS – Help package meals in the MOW kitchen at Grace Lutheran Church.

ADMINISTRATIVE ASSISTANT – Maintain client and volunteer records, prepare monthly client donation statements.

To volunteer, call the Meals on Wheels office at (814) 237-8135, email acbuffington@yahoo.com, or clip and mail this form to: State College MOW, P.O. Box 1235, State College, PA 16804

Name _____

Street/Box # _____

City _____

State _____ Zip: _____

Email _____

I would like to volunteer. Sign me up as a...

- Driver
- Visitor
- Kitchen Helper
- Food Rescue Volunteer

Thank you for your continued support. Together, we keep State College Area Meals on Wheels *ON THE MOVE!*

Notice of Registration: A copy of the official registration and financial information for State College Meals on Wheels may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania: 1-800-737-0999. Registration does not imply endorsement.