

On the Move

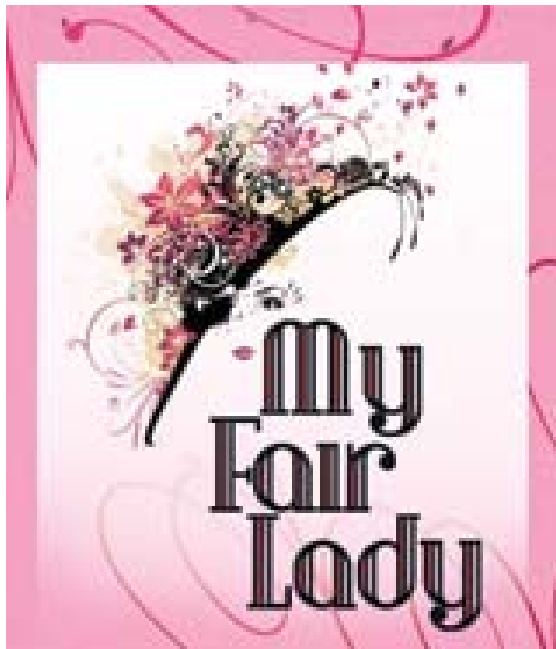
Providing meals to the homebound in the State College area since 1971



Spring 2016 Newsletter

www.scmow.org

Broadway Comes to A Meal that Matters!



It has been called the “perfect musical.” Since its premiere in 1956, *My Fair Lady* has charmed audiences around the world with a combination of wit, comedy, and memorable music. The stage play was nominated for ten and won six Tony Awards. The play made Rex Harrison a star and launched the career of a young Julie Andrews. *My Fair Lady* has revisited the Broadway and London stages regularly with revivals in 1976, 1979, 1981, 1983, 1993, and 2001. The 1964 film version won a number of Oscars (including Best Picture), and there has been talk of a remake in recent years.

On the evening of May 12th, Eliza Doolittle and Henry Higgins will grace the stage in the Nittany Lion Inn Ballroom with a live preview of the FUSE Productions version of this legendary musical staged expressly for the Meals on Wheels benefit dinner, **A Meal that Matters**. Our thanks to Producing Artistic Director Richard Biever and his cast for making this special presentation possible.

FUSE Productions is the State College-based independent theatre company that brings together professional actors, Penn State alums, local actors, current students, and Penn State faculty to create exciting professional theatre in the Centre region. FUSE has recently presented the megahit musicals, *A Chorus Line* and *Les Miserables*, and the contemporary dramatic comedy, *4000 Miles*. (continued on page 3)

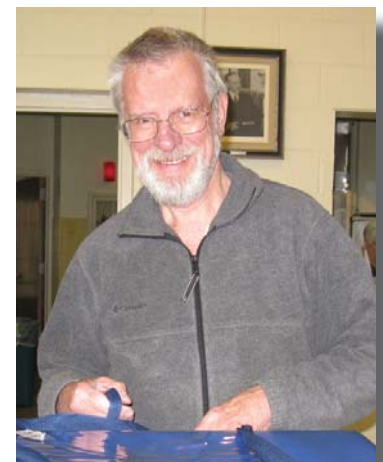
MOW Volunteer of the Year

State College Area Meals on Wheels is pleased to honor **Pieter Ouwehand** as its Volunteer of the Year. Pieter has volunteered as a driver with SCMOW for 22 years. Every Wednesday he is the first driver to show up, eager to be on his way to deliver meals and check in with clients on his route in the Park Forest neighborhood.

Before retiring in 1993, Pieter was a chemical engineer with Merck & Co., Inc., in Rahway, New Jersey. Nowadays, he and his wife, Lida, are generous with their time, serving non-profit organizations in State College, working with Global Connections,

Special Olympics, and the Nittany Valley Symphony. They are also supporters of the Centre Foundation and the Penn State Center for the Performing Arts, where Pieter serves on the Community Advisory Council and the Music at Penn’s Woods Advisory Council.

In the spring of 2015, Pieter was one of the faces of SCMOW in a campaign to bring in new volunteers to support the organization’s increase in service from three to five days a week. According to Pieter, he volunteers with Meals on Wheels because “I want to help people in need—it is in my heart to do so.”



Spotlight on Volunteers



Carol Winkler

There is certainly no absence of interesting people volunteering at State College Area Meals on Wheels. On any day, you can find folks such as a retired pediatrician, food researcher, or former restaurant employee helping with meal delivery, food preparation, or dishwashing.

Bill Chase, retired State College pediatrician, serves a dual role at SCMOW: he washes dishes on Tuesdays, and delivers meals on alternate Thursdays and Fridays. He said recently, "I just love it here and would be here every day if I could."

Former Lipton Tea Company food researcher and Penn State retiree Carol Winkler joined the volunteer staff at Meals on Wheels a year ago. She helps on Tuesdays with tasks such as peeling vegetables, making potato salad, and preparing meats for cooking. Her expertise in food preparation



Bill Chase and Craig Peery

gives the MOW Chef the freedom to concentrate on more complicated cooking tasks.

Craig Peery, former restaurant employee, is a "Jack of all trades." Two days a week, Craig washes dishes, prepares vegetables, and assists with other kitchen duties, all the while sharing his unique sense of humor.

These three individuals, along with all of the other 145 weekly volunteers, make for a happy, interesting, and productive work environment at State College Meals on Wheels.

Volunteering for Meals on Wheels: Easy and Rewarding

If you can give two hours a week, we need you at Meals on Wheels

Centre gives

36-hour online giving event from
6:00 am Tuesday, May 3 until
6:00 pm Wednesday, May 4

The Centre Foundation will again sponsor **Centre Gives**, a 36-hour online giving event designed to support the work of nonprofits all across Centre County. This is the fifth year of the event, now with more than 120 organizations participating, including State College Meals on Wheels. Nearly \$3,000,000 has been raised since Centre Gives began in 2012.

Donations made through this program receive prorated matching funds from the Centre Foundation's \$100,000 stretch pool. Your donation and the matching funds will go directly to the participating nonprofit you designate. The matching funds are prorated based on each organization's percentage of the total amount donated in Centre Gives 2016.

To participate, go to CentreGives.org during the dates and times listed above and choose State College Area Meals on Wheels as the recipient.

Broadway Comes to a Meal that Matters

(continued from page 1)

Hailed by *The Daily Telegraph* as “probably the greatest musical of all time,” *My Fair Lady* will be presented by FUSE Productions at the Penn State Downtown Theatre, June 9-12 and 16-18, 2016.

Our annual benefit dinner, **A Meal that Matters**, typically raises 20 percent of the income needed for State College Meals on Wheels operations. Now in its 11th year, the event will again feature one of the largest silent auctions in the area and an exciting live auction. Your ticket includes a sumptuous three-course meal with salmon, chicken entrée, wine, and a decadent Nittany Lion Inn dessert. Vegetarian and other special meal options are available upon request.

To reserve your seats, mail in the enclosed ticket order form today, or call (814) 360-6571 for reservations or more information. Group seating is available.



**Meals on
Wheels runs
on PEOPLE
POWER!**



Above, delivery team Dennis and Sharon Wilkins put away meal carriers. Right, our Chef, Jim Johnston, prepares to vacuum seal meals. Below, the Friday kitchen crew takes a break between preparing cold and hot meals.



2016 Dinner Sponsors

Platinum

**Galen & Nancy Dreibelbis
Juniper Village at Brookline**

Gold

Baker Tilly Virchow Krause, LLP
Centre County Office of Aging
Centre Daily Times
Foxdale Village
Frost & Conn, Inc.
Harpers Shop for Men
The Hartman Group
Minitab, Inc.

Mary Lou Bennett, Lassie MacDonald,
& Marcia Martsof-Miller of
RE/MAX Centre Realty
Restek Corporation
The Village at Penn State
Wegmans Food Markets
Wienken Wealth Management

Silver

Adult Transitional Care
Affinity Connection
First National Bank
Forever Media Inc.

Bronze

Addison Court
Centre Concrete
HealthSouth Nittany Valley
Rehabilitation Hospital
Kissinger Bigatel & Brower Realtors
Metzger Animal Hospital
Mount Nittany Health System
Nestlerode & Loy, Inc.

STATE COLLEGE AREA MEALS ON WHEELS BOARD of DIRECTORS

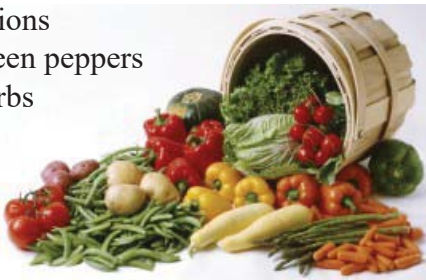
President	Treasurer	Recording Secretary	Members At Large		
Michael Scott	Jeff Krantweiss	Cheryl Evans	Carolyn Andersen	Janet Haner	William Mahon
Vice President	Assistant Treasurer	Corresponding Secretary	Brian Cohen	Carlene Houser	Susanne Marder
William Haner	Sharon Ambrose	Pam Ferguson	Debra Ellis	Mark Johnson	Zachary Zembower
Executive Director	Christine Tyler		Kimberly Fragola	Fran Levin	

Notice of Registration: A copy of the official registration and financial information for State College Meals on Wheels may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania: 1-800-732-0999. Registration does not imply endorsement.

Wish Lists

Wish List for Garden Vegetables

- Tomatoes
- Squash
- Onions
- Green peppers
- Herbs



Meals on Wheels is always open to receiving fresh produce from people's gardens during the summer—the Wish List below includes the vegetables we most often use.

We would also like to create Activity Boxes for our clients with small puzzles, crossword puzzle books, art supplies, and similar items.

If you would like to contribute to either of these projects, please bring your donations to Harkins Hall of Grace Lutheran Church, 205 South Garner Street, any weekday morning. Thank you for helping Meals on Wheels.

Wish List for Activity Boxes

- Clean shoeboxes
- Clean fabric shopping bags
- Crossword puzzle books with large print
- Word find books with large print
- Colored pencils
- Colored markers
- Nature stickers (butterflies, flowers, animals, etc.)
- Drawing paper
- Foam shapes
- Clipart
- Glue



Volunteer Opportunities

Volunteer Form



Name _____

Address _____

City/State/Zip _____

Email _____

Phone _____

I would like to volunteer as (check one or more):

Kitchen Line Worker Kitchen Aide Driver Visitor

Preferred day(s) (check one or more):

Monday Tuesday Wednesday Thursday Friday

I would like to volunteer with _____

Mail completed form to: State College Meals on Wheels,
P.O. Box 1367, State College, PA 16804

Volunteers are needed every morning Monday through Friday. You are welcome to volunteer for more than one day a week.

Kitchen Line Workers help prepare and package meals in the MOW kitchen at Grace Lutheran Church. Hours are 8:00-10:30 a.m.

Kitchen Aides work early hours in the kitchen with the chef. MOW meal delivery starts at 10:00 a.m., and most routes take two hours or less.

Drivers deliver meals to clients on a standard route within the State College School District using their own vehicles. A valid driver's license and automobile insurance is required, and mileage reimbursement is available.

Visitors ride with a driver and take meals to the client's door.

Volunteering for MOW is easy, and it makes you feel good to know you are helping people who are not able to help themselves. Volunteer with a friend—we can put you on a route or shift together.

Contact Volunteer Coordinator, **Sarah Sanderson** by phone, (814) 769-1961, or via email at volunteerscmow@gmail.com.