

On the Move

Providing meals to the homebound in the State College area since 1971



Spring 2018 Newsletter

www.scmow.org

Meals on Wheels Annual Benefit to Feature *Great Wine & Cool Jazz*

Get ready for an evening to remember! This year's **A Meal that Matters** includes a festive four-course dinner with wine samplings paired with each delicious course, and the added bonus of outstanding jazz music. Wine selections from around the world will be introduced by Nittany Lion Inn Wine Director and Certified Sommelier **Sean Caviston**. Entertainment for the evening will be provided by the widely acclaimed jazz ensemble, **The Rick Hirsch Quartet**. Door prizes, as well as a large silent auction, will round out the evening.

This benefit dinner is the most important fundraiser of the year for State College Meals on Wheels. Since no government funding is accepted, Meals on Wheels relies completely on private donations, fundraising events, and endowment income.

This event is a terrific way to spend a wonderful spring evening while supporting a very important service to the community, one that is dedicated to fighting senior hunger. For tickets, complete the enclosed order form and return in the pre-addressed envelope or call (814) 360-6571. We hope to see you there!



Thursday, May 17, 2018

Social Hour 6:00 pm/Dinner 7:00 pm Nittany Lion Inn

Ticket order form enclosed or call (814) 360-6571

MOW Volunteer of the Year

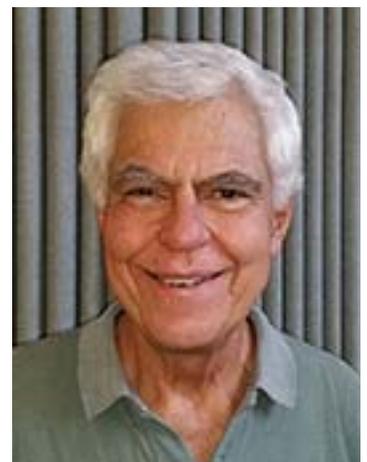
State College Area Meals on Wheels is happy to recognize Michael Grutzeck as our Volunteer of the Year. Michael has been an active volunteer for the past three years. When asked the reason for his involvement with our program, Michael said he believes he was “called by God to help,” and says “God did right by me” in his choice to volunteer at Meals on Wheels.

Michael, working as a food preparation assistant, is an asset to our operations. On Monday and Friday mornings, in his quiet and humble way, Michael performs tasks such as cutting vegetables and making salads. Because of his willingness to do the more mundane

kitchen tasks, he frees up time for our chef to focus on “the real cooking.” Without volunteer kitchen workers like Michael, MOW would have to order already prepared food items, resulting in increased food costs.

Michael has saved the day in the kitchen on many occasions. One example is that, during a six-week sick leave by our chef, Michael stepped up to be the lead cook. His outstanding efforts enabled us to continue delivering nutritious and affordable meals without missing a beat.

All of us at State College Area Meals on Wheels send heartfelt thanks to Michael for his dedicated service to our organization and mission.



Volunteering for Meals on Wheels: Easy and Rewarding

If you can give two hours a week, we need you at Meals on Wheels

AMERICA, LET'S DO LUNCH.

Join the network of 2 million volunteers who are making a difference in the lives of seniors across the country.

VOLUNTEER

Volunteers are needed every morning Monday through Friday. You are welcome to volunteer for more than one day a week.

Kitchen Line Workers help prepare and package meals in the MOW kitchen at Grace Lutheran Church. Hours are 8:00-10:30 a.m.

Kitchen Aides work early hours in the kitchen with the chef.

Drivers deliver meals to clients on a standard route within the State College School District using their own vehicles. MOW meal delivery starts at 10:00 a.m., and most routes take two hours or less.

Visitors ride with a driver and take meals to the client's door.

Volunteering for MOW is easy, and it makes you feel good to know you are helping people who are not able to help themselves. Volunteer with a friend—we can put you on a route or shift together.

Contact Volunteer Coordinator, **Jan Baker** by email at volunteerscmow@gmail.com or phone (814) 360-2217.



Give where you live!

36-hour online giving event from
8:00 am Tuesday, May 8
until
8:00 pm Wednesday, May 9

Centre
gives

May 8&9

Find out more at CentreGives.org

STATE COLLEGE AREA MEALS ON WHEELS BOARD of DIRECTORS

President	Treasurer	Recording Secretary	Members At Large		
Michael Scott	Jeff Krantweiss	Cheryl Evans	Ron Banerjee	Kimberly Fragola	David Nelson
Vice President	Assistant Treasurer	Corresponding Secretary	Brian Cohen	Carlene Houser	Janie Provan
William Haner	Sharon Ambrose	Peggy Lindsey	Debra Ellis	Mark Johnson	Stephen St. Amant
Executive Director	Christine Tyler		Pam Ferguson	William Mahon	Zachary Zembower
				Judy Nastase	

Notice of Registration: A copy of the official registration and financial information for State College Meals on Wheels may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania: 1-800-732-0999. Registration does not imply endorsement.