

# On the Move

Providing meals to the homebound in the State College area since 1971

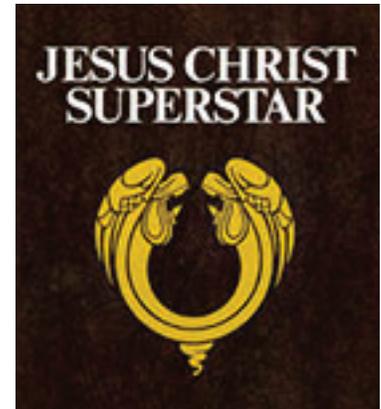


Spring 2019 Newsletter

[www.scmow.org](http://www.scmow.org)



**Thursday, May 9, 2019**  
Social Hour 6:00 pm/Dinner 7:00 pm  
Nittany Lion Inn  
Ticket order form enclosed  
or call (814) 360-6571



FUSE Productions returns to **A Meal that Matters**, the State College Meals on Wheels annual benefit dinner, to be held **May 9, 2019** in the beautiful ballroom of the **Nittany Lion Inn**. FUSE will provide your entertainment for the evening with a preview of their June performance of *Jesus Christ Superstar*. Rousing performances of *Superstar* favorites as well as selections from other recent FUSE musicals will be performed, led by Richard Biever, Producing Artistic Director.

The evening includes a delicious three-course dinner and a huge silent auction of popular services,

collectibles, and experiences. Please join us for a wonderful evening of great food and entertainment in support of this important community service for those needing nutritious, home-delivered meals. For tickets, complete the enclosed order form and return in the pre-addressed envelope or call (814) 360-6571.

We hope to see you there!

## Volunteer of the Year

Tonya Talone, our 2019 Volunteer of the Year, has the sweetest job at Meals on Wheels. She drives the Tuesday crew crazy with the wonderful aroma emanating from the kitchen when she bakes goodies to send to our clients on Wednesdays.

Tonya always has the biggest smile and a sunny attitude. She started volunteering on the food line 12 years ago, but soon graduated to the baker position. Moving beyond the original recipes in the Meals on Wheels repertoire, she learned how to take home recipes, assess them for affordable ingredients and suitability for large-scale production, and produce delicious baked goods in the quantity needed for Meals on Wheels clients.

When asked why she chose this volunteer opportunity, Tonya said "I love working for Meals on Wheels because it perfectly marries my love of baking and serving people. When people see dessert, their eyes light up and smile, and that brings me a lot of joy." Thank you, Tonya, for sharing your baking talent and friendly disposition with the staff, volunteers, and clients of Meals on Wheels.



# Giant Bags 4 My Cause Program

to Benefit Meals on Wheels during April



We are so excited to share that State College Area Meals on Wheels has been selected to be a part of the **Giant Bags 4 My Cause Program**, which is designed to make it easy for customers to contribute to their local community while supporting the environment.

For the month of April 2019, each time a reusable Bags 4 My Cause Bag is purchased at the Giant grocery stores located at 255 Northland Center or at 2222 East College Avenue, both in State College, \$1 will be donated to State College Meals on Wheels, unless otherwise directed by the customer through the Giving Tag. This is a great way to raise awareness, support the environment and raise funds for meals that are delivered to individuals who are homebound, disabled, or recovering from a health issue or procedure.

Let's get started! The more people who learn about the program and purchase the Bags 4 My Cause Bag during the month of April, the more we can serve others who need healthy and affordable meals. To learn more about this program, please visit [giant.bags4mycause.com](http://giant.bags4mycause.com).

**Give where you live!**  
36-hour online giving event from 8:00 am Tuesday, May 7 until 8:00 pm Wednesday, May 8

## Americorps on the Job

My name is Emma Keele and I am an AmeriCorps member serving with Meals on Wheels and the Penn State Sustainability Institute until August 2019. AmeriCorps is a national program whose members commit to a term of service (usually a year) in the areas of education, community health, and the environment. AmeriCorps members receive a small stipend to assist with living costs and an education award that can be used toward higher education costs.

From south-central Nebraska, I graduated from the University of Nebraska at Kearney with a degree in wildlife biology. My first job after graduation was serving a five-month AmeriCorps program with the Student Conservation Association Idaho Corps. I fell in love with AmeriCorps as a program for its values of service to high need communities, relationship building among people, and recognition of diverse learning communities.

As the first AmeriCorps member with State College Meals on Wheels, my projects are focused on food security, nutrition and health, and community wellness. Thus far, I have completed a Food Assessment Survey with approximately a third of Meals

on Wheels clients to learn about their food security, knowledge of other food assistance programs in the area, and access to healthy and fresh foods.

Also, Executive Director Christine Tyler and I visited numerous senior living communities in State College this month to raise awareness and encourage seniors to apply for MOW services.

Additional projects that I have taken on are coordination of a recently launched Bucket Garden program (a "Bucket Garden" is a repurposed five-gallon food container bucket with tomato or pepper plants, or flowers) and distribution of garden produce to those in the region with little access to fresh produce.

I am learning a great deal about the important and challenging community issues in the State College region, and I look forward to rest of my term of service.



### STATE COLLEGE AREA MEALS ON WHEELS BOARD of DIRECTORS

President	Treasurer	Recording Secretary	Executive Director	Members At Large		
Sharon Ambrose	Jeff Krantweiss	Michael Scott	Christine Tyler	Ron Banerjee	Cheryl Evans	Judy Nastase
<b>Vice President</b>	<b>Assistant Treasurer</b>	<b>Corresponding Secretary</b>		Brian Cohen	Pam Ferguson	Janie Provan
William Haner	Sarah Sanderson	Peggy Lindsey		Debra Ellis	Kimberly Fragola	Stephen St. Amant
					William Mahon	

Notice of Registration: A copy of the official registration and financial information for State College Meals on Wheels may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania: 1-800-732-0999. Registration does not imply endorsement.