

On the Move

Providing meals to the homebound in the State College area since 1971



Fall 2015 Newsletter

www.scmow.org

Transition to 5-Day Service a Success

A year ago, State College Meals on Wheels embarked on a long-desired dream to expand its service from three days a week to five. We are proud to announce that, despite some challenges, we are now successfully delivering nutritious meals to our clients five days a week.

Concerns with the process included funding for the increased costs and ensuring that other resources needed for our operations were in place. The Meals on Wheels board and Executive Director Christine Tyler put in many hours to make the transition a reality.

We met with Grace Lutheran Church to arrange an agreement for the increased use of the facility; we coordinated increased hours and responsibilities with the MOW staff; and we contacted clients to determine their level of interest in the additional days of meals and to register them for the service. Our annual dinner last

May produced a record amount of fundraising, which eased the situation from a financial standpoint.

Perhaps the biggest worry was that we would not be able to engage enough volunteers to handle the additional meal preparation and delivery. To alleviate this concern, we put together a comprehensive publicity campaign and were gratified to receive applications for 115 new volunteers.

These new folks, added to the existing volunteers, have made it possible for us to deliver meals to 60-70 clients on Tuesday and Thursday in addition to the 165 clients served on Monday, Wednesday, and Friday. Since we deliver a hot meal and a cold meal to each client every day, that means we produce more than 1,200 meals every week!

We owe a huge debt of gratitude to all who contributed to this process—hundreds of donors, and hundreds of volunteers.

Volunteering for Meals on Wheels: Easy and Rewarding

If you can give two hours a week, we need you at Meals on Wheels

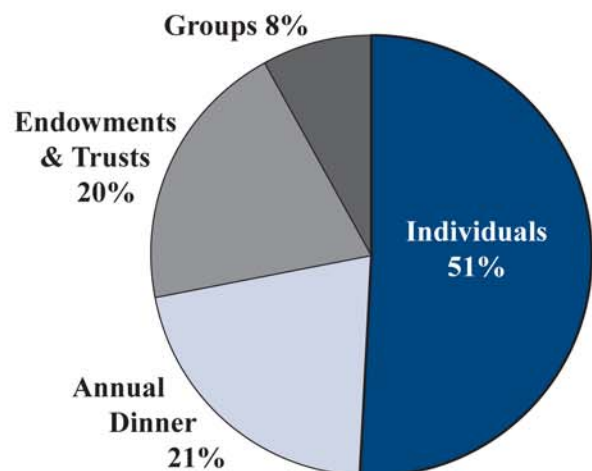
Annual Fund Drive Begins Now!!

Please consider a donation to Meals on Wheels this holiday season: 100% of your donation stays locally to fund nutritious, home-delivered meals for our clients. With our expansion to five-day service, the SCMOW kitchen operation now produces 1,200 meals per week (~55,000 meals per year) all without government or other public funding. We are approaching 1.5 million meals delivered since our founding in 1971 and will reach this milestone in 2016!

SCMOW relies heavily on donations from individuals who collectively provide fully half of our annual operating budget. Our remaining revenue comes from endowments, trusts, and fundraising events such as the annual dinner. See the diagram to the right. It is clear that donations from individuals and groups do the heavy lifting by providing nearly 60% of our annual income.

Thank you to all past and current donors for your generous support and for helping to sustain the independence and improve the quality of life of our clients.

SCMOW Sources of Income



DONATION FORM ENCLOSED

Volunteers Honored at Appreciation Brunch

On Saturday, October 17, 2015, a special brunch was held at the Atherton Hotel to honor the army of volunteers that support the SCMOW daily operation. The ranks of volunteers have grown significantly this year as a result of a major recruiting campaign last spring to staff the expansion of meals service from three to five days. Nearly 140 were in attendance to enjoy the delicious buffet brunch served in the Atherton ballroom.

Day Managers

Sharon Ambrose
Carole Ensore
Ellen Jarrett
Glenda Manbeck
Dotti Zembower

Executive Director Christine Tyler thanked the volunteers for their selfless gift of time, a gift whose value cannot be overstated. Without our volunteers we would not exist as an organization. The five "day managers" were specially

recognized for their role in keeping the daily crews functioning efficiently.

Retiring volunteer and 2012 Volunteer of the Year, Joelle Ferguson, was also recognized for her more than 37 years of service to SCMOW. Wow!

Bill Haner, SCMOW board president, also thanked the volunteers and treated the audience to the presentation of *Thankful*, a poignant retrospective slideshow on SCMOW over the years set to music in honor of our volunteers.

The event concluded with a fun drawing of numerous door prizes and the distribution of gift cards from the State College Sweet Frog.

Thank you, Volunteers!!



Nametags ready for 140 volunteers

The decorated pumpkins on the tables were awarded to volunteers with 15 or more years of service

*Board President
Bill Haner
welcomes
long-time
Day Manager
Ellen Jarrett*



*Volunteers
enjoy
conversation
in the lovely
Atherton Hotel
Ballroom*



*Volunteer Lefty MacIntire and his wife
Connie share a smile*

Many thanks to
Sweet Frog Premium Frozen Yogurt
for sponsoring this event

sweetFrog
premium frozen yogurt

281 Northland Center, State College





Football Coach James Franklin was the speaker for our annual dinner May 14, 2015. Sponsor tables included The Hartman Group (top right), ReMax (right) and Platinum Sponsor, Juniper Village (below)



Franklin delighted the crowd selling door prize tickets table to table

STATE COLLEGE AREA MEALS ON WHEELS BOARD of DIRECTORS

President William Haner	Treasurer Jeff Krantweiss	Recording Secretary Cheryl Evans	Members At Large		
Vice President Zachary Zembower	Assistant Treasurer Sharon Ambrose	Corresponding Secretary Pam Ferguson	Carolyn Andersen	Janet Haner	Susanne Marder
Executive Director Christine Tyler			Brian Cohen	Carlene Houser	Connie Rogers
			Debra Ellis	Fran Levin	Michael Scott
			Kimberly Fragola	William Mahon	Peter Sorensen

Notice of Registration: A copy of the official registration and financial information for State College Meals on Wheels may be obtained from the Pennsylvania Department of State by calling toll-free within Pennsylvania: 1-800-732-0999. Registration does not imply endorsement.

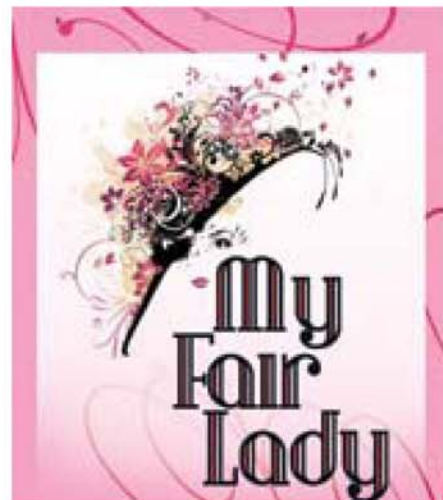
Broadway Comes to A Meal that Matters!

...**FUSE Productions cast to perform**

State College Meals on Wheels is pleased to announce that cast members of the FUSE Productions presentation of *My Fair Lady*, along with FUSE Producing Artistic Director Richard Biever will provide a preview of this treasured musical at the **May 12, 2016 Meals on Wheels annual dinner, *A Meal that Matters***.



FUSE Productions is the State College-based independent theatre company that brings together professional actors, Penn State alums, local actors, current students, and Penn State faculty to create exciting professional theatre in the Centre region. FUSE has recently presented the megahit musicals, *A Chorus Line* and *Les Miserables*, and the contemporary dramatic comedy, *4000 Miles*. Hailed by *The Daily Telegraph* as "probably the greatest musical of all time," *My Fair Lady* will be presented by FUSE Productions at the Penn State Downtown Theatre, June 9-11 and 16-18, 2016.



F · U · S · E
P R O D U C T I O N S

Volunteer Opportunities

Volunteers are needed every morning Monday through Friday. You are welcome to volunteer for more than one day a week.

Kitchen Line Workers help prepare and package meals in the MOW kitchen at Grace Lutheran Church. Hours are 8:00-10:30 a.m.

Kitchen Aides work early hours in the kitchen with the chef.

MOW meal delivery starts at 10:00 a.m., and most routes take two hours or less.

Drivers deliver meals to clients on a standard route within the State College School District using their own vehicles. A valid driver's license and automobile insurance is required, and mileage reimbursement is available.

Visitors ride with a driver and take meals to the client's door.

Volunteering for MOW is easy, and it makes you feel good to know you are helping people who are not able to help themselves. Volunteer with a friend—we can put you on a route or shift together.

Meals on Wheels has a wonderful new Volunteer Coordinator, **Sarah Sanderson**. Contact her by her new cell phone, (814) 769-1961, or via email at volunteerscmow@gmail.com.



Volunteer Form



Name _____

Address _____

City/State/Zip _____

Email _____

Phone _____

I would like to volunteer as (check one or more):

Kitchen Line Worker Kitchen Aide Driver Visitor

Preferred day(s) (check one or more):

Monday Tuesday Wednesday Thursday Friday

I would like to volunteer with _____

Mail completed form to: State College Meals on Wheels,
P.O. Box 1367, State College, PA 16804